



TAHOE ORAL SURGERY AND IMPLANT CENTER

IMPORTANT INSTRUCTIONS REGARDING YOUR IV ANESTHESIA

For your safety, you must read and follow the instructions carefully. If you are unclear about anything, please ask Dr. Martin or Dr. Appeblatt.

For all surgery, please wear comfortable, loose-fitting clothing. Tops/shirts should be short sleeves for access to start an IV. Occasionally, nail polish will interfere with our monitoring, and we'll need to be removed before surgery.

INTRAVENOUS SEDATION: Medications given through an IV that we place into your arm or hand. Once we administer medications, we expect relaxation, and there will be very little recall (if any) of the events surrounding surgery.

1. **Do not eat or drink** for eight (8) hours before surgery.
2. **VERY IMPORTANT: Take your regular medications.**
Take any regular medications (high blood pressure, antibiotics, etc.) or any pre-medication prescription that we have provided. Please call and ask if you have any questions.
3. You **MUST** have someone drive you home.
4. Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.

If you prefer to listen to your music, please bring your music player and earphones.

Our goal is to provide you with a safe, pleasant, and effective anesthetic. To safely provide IV anesthesia, we must have your full cooperation. Please ask or call with any questions concerning your surgery or anesthetic (530) 587-5440 Truckee office or (530) 541-4042 South Lake Tahoe Office.